

# **ADVENTURES IN U.S. HISTORY**

A one-year program for  
2<sup>nd</sup> or 3<sup>rd</sup> graders

**MY FATHER'S WORLD<sup>®</sup>**

Marie Hazell, M.A.

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# Lesson Overview

Week	Bible	U.S. History & Geography	Science
1	Names	Pledge of Allegiance, Map Overview, Leif Ericsson	Overview of Science
2	Jesus	Christopher Columbus	Introduction to Science Experiments
3	Jesus	Jamestown	Air
4	Light of the World	Native Americans	Universe, Stars
5	Light of the World	Mayflower and Pilgrims	Stars
6	Bread of Life	New Netherland (New York)	Bread
7	Bread of Life	Pioneers in Michigan	Bread
8	The Rock	Benjamin Franklin	Composition of the Earth
9	The Rock	George Washington	Seasons
10	Giver of Living Water	The Declaration of Independence, Thomas Jefferson, The Revolutionary War	Water
11	Giver of Living Water	President Washington Delaware	Water
12	Birds	The New Nation Pennsylvania, New Jersey, Georgia	Birds
	Thanksgiving Week Giving Thanks	Thanksgiving	Pumpkins
14	The Way	Connecticut, Massachusetts, Maryland, South Carolina	Birds
15	The Way	New Hampshire, Virginia, New York, North Carolina	Birds
16	Immanuel	Daniel Boone Rhode Island, Vermont	Weather
17	Immanuel	The Wilderness Road Kentucky	Weather
18	Lamb of God	Eli Whitney Tennessee	Living Things
19	Lamb of God	Pioneers on the Ohio River Ohio	Animals
20	The Vine	Louisiana Purchase, War of 1812, The Star-Spangled Banner Louisiana	Plants
21	The Vine	Robert Fulton Indiana, Mississippi	Plants
22	Head of the Body	Going West by Wagon Train Illinois, Alabama	Human Body
23	Head of the Body	Maine, Missouri, Arkansas, Michigan	Human Body
24	Lord of Lords and King of Kings	Samuel Morse and the Telegraph Florida, Texas	Human Body

<b>Week</b>	<b>Bible</b>	<b>U.S. History &amp; Geography</b>	<b>Science</b>
<b>25</b>	Lord of Lords and King of Kings	Gold in California Iowa, Wisconsin,	Atoms and Molecules
<b>26</b>	Servant	Santa Fe Trail, Oregon Trail, California Trail California	Solids, Liquids, Gases
<b>27</b>	Servant	Abraham Lincoln Minnesota, Oregon	Solids, Liquids, Gases
<b>28</b>	The Good Shepherd	Abraham Lincoln	Energy
<b>29</b>	The Good Shepherd	Kansas, West Virginia, Nevada, Nebraska	Magnets
<b>30</b>	The Resurrection and the Life	Transcontinental Railroad Colorado	Magnets
<b>31</b>	The Resurrection and the Life	Pioneers on the Plains North Dakota, South Dakota	Light, Color, Friction, Air
<b>32</b>	The Word	Montana, Washington, Idaho, Wyoming	Inventions, Sound
<b>33</b>	The Word	Thomas Edison, Wright Brothers Utah, Oklahoma, New Mexico, Arizona	Air
<b>34</b>	Alpha and Omega	Review Alaska, Hawaii	Electricity, Computers

## Appendix

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# Overview

*Adventures in U. S. History* is designed for:

- a second or third grader who is the oldest or only child in the family.
- a second or third grader who does not have older brothers and sisters in the Five-Year Cycle (*Exploring Countries and Cultures, Creation to the Greeks, etc.*).

Younger siblings (five- and six-year-olds) will enjoy participating in many of the activities.

A second or third grader with older brothers or sisters in the Five-Year Cycle (*Exploring Countries and Cultures, Creation to the Greeks, etc.*) skips *Adventures in U. S. History* and goes directly into his siblings' program. This allows parents to teach just one program to their children.

*Adventures in U. S. History* is a complete curriculum for Bible, U.S. history and geography, science, art, and music. Some language arts skills are developed informally in the program. You will need to add math and language arts at the appropriate grade level.

## Bible

Learn the rich meaning of the names of Jesus as you study about the Bread of Life, the Lamb of God, the Good Shepherd, the Rock, and more. Participate in discussions and related hands-on activities from the teacher's manual. Learn memory verses for each key concept. Children are enthusiastic as they read the Bible for themselves using the *NIV Discoverer's Bible for Young Readers*. This Bible, based on the NIV and adapted for beginning readers, is written on a beginning third-grade reading level and uses large 12-point type.

## U.S. History/Geography

Introduce U.S. history with a number of interesting books, all fully scheduled in the teacher's manual. Study key figures such as Christopher Columbus, George Washington, Benjamin Franklin, Abraham Lincoln, and many others. Learn how faith in God played an important part in the development of the United States. *The Story of the U.S.* provides the framework for the history topics. *American Pioneers and Patriots* provides a fascinating look at the lives of boys and girls in early America. Other books provide additional information. Libraries have a wealth of books about U.S. history that will add to your learning.

Learn about patriotic symbols like the U.S. flag, the Pledge of Allegiance, the Statue of Liberty, and the Liberty Bell.

Introduce U. S. geography with a brief trip through all 50 states, taking a day for each state, and enjoy related hands-on projects.

Integrate history and geography with art, composition, and handwriting as you make a United States Notebook for the year's history and geography topics. Hands-on projects reinforce learning.

## Science

Explore the fascinating world of science—stars, weather, plants, animals, atoms, energy, gravity, friction, sound, computers, and much more. Enjoy beautiful full-color pictures and interesting information in *First Encyclopedia of Science*. *Science with Air* and *Science in the Kitchen* provide additional information and many hands-on activities

to help children really learn. Fun with Magnets and the Soda Bottle Bird Feeder are used for even more hands-on learning. Library books will be a helpful addition to round out your science program.

## Art and Music

Enjoy hands-on projects related to history, geography, and Bible.

Develop a variety of art skills with lessons that introduce drawing, as well as colored pencils, colored markers, and beginning painting, using *I Can Do All Things* (in the Deluxe Package). This complete art program for ages 6 and up has over 200 pages of wonderful, easy-to-teach art lessons. The book becomes a portfolio as the student does his work right on the heavy-duty pages of this great book. The book also includes one free set of “Paint and Marker Cards” which are printed on thick card stock suitable for painting and markers. Purchase art supplies as needed locally.

Learn patriotic songs using *Patriotic Songs of the U.S.A.* Enjoy music from three of Tchaikovsky’s ballets—*The Nutcracker*, *Swan Lake*, and *Sleeping Beauty* (with resources in the Deluxe Package).

## Language Arts and Math

*Adventures in U. S. History* is designed for second or third graders, but five- and six-year-olds may join in any of the activities. You will need to add appropriate reading instruction/language arts and math for each age:

**Kindergarten:** Add *God’s Creation from A to Z* (kindergarten). Complete the reading and calendar/math activities. The Activities section of kindergarten may be omitted or you may choose to do some activities as time allows.

**First Grade:** Add *Learning God’s Story* (first grade). Complete the reading and math activities. The other sections (Bible, science, hands-on activities, etc.) may be omitted or you may do some activities as time allows.

**Second Grade:** Add *Language Lessons for Today Grade 2*, *Spelling by Sound and Structure*, and *WORLDbkids* magazine. However, if your child is not reading well, and has not completed a thorough phonics course, then we recommend the complete phonics program in *Learning God’s Story* (first grade). Also add math; we recommend Singapore Math® *Primary Mathematics*.

**Third Grade:** Add *Language Lessons for Today Grade 3*, *Merriam-Webster’s Elementary Dictionary*, *Spelling Power*, *WORLDbkids* magazine, *Handwriting*, and math. We recommend Singapore Math® *Primary Mathematics*.

Note: *WORLDbkids* is a print and digital current events magazine with a biblical worldview, ideal for Book Basket™ or reading aloud with parents. See [mfwbooks.com/magazine](http://mfwbooks.com/magazine).

## Foreign Language

Studying a foreign language is optional. We recommend Rosetta Stone.®

## Read Aloud

A number of read-aloud books are included in the Basic and Deluxe Packages. An extensive list of suggested library books is provided in the appendix.

# Adventures in U.S. History

## Basic Package:

### Teacher's Manual

Student Sheets (one per student)

### Bible/History

*NIV Discoverer's Bible for Young Readers* (© 2014)

*The Story of the U.S.*

*American Pioneers and Patriots*

*Map of the U.S./World* – placemat size (one per student)

*Map of the United States Sticker Picture*

*North American Indians*

*Red, White, and Blue*

*The Thanksgiving Story*

*The Fourth of July Story*

*Patriotic Songs of the U.S.A* (CD)

### Science

*First Encyclopedia of Science*

*Science in the Kitchen*

*Science with Air*

*Birds, Nests, and Eggs*

*Fun with Magnets*

*Soda Bottle Bird Feeder*

## Deluxe Package (also includes the books above):

### Read-Aloud

*Pilgrim Adventures*

*In Grandma's Attic*

*The Courage of Sarah Noble*

*Mountain Born*

*On the Banks of Plum Creek*

*Farmer Boy*

*Sarah Whitcher's Story*

### Art and Music

*I Can Do All Things* (book and DVDs)

*Acrylic Paint Set*

*Introduction to Tchaikovsky and the Nutcracker Suite*

To complete your curriculum, add language arts and math, and consider a foreign language.

# Week 11

Jesus the Giver of Living Water  
President Washington, Delaware  
Water

	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bible	<input type="checkbox"/> <b>Memory Verse</b> – John 7:37 (see notes) <b>Jesus the Giver of Living Water**</b> (see notes)	<input type="checkbox"/> <b>Memory Verse</b> – John 7:37 <b>Read Scripture</b> (see notes)	<input type="checkbox"/> <b>Memory Verse</b> – John 7:37 <b>Weather</b> (see notes)	<input type="checkbox"/> <b>Memory Verse</b> – John 7:37 <b>Sharing the News</b> (see notes)	
Language Arts	<input type="checkbox"/> <b>Spelling</b>	<input type="checkbox"/> <b>Spelling</b>	<input type="checkbox"/> <b>Spelling</b>	<input type="checkbox"/> <b>Spelling</b>	
	<input type="checkbox"/> <b>English</b> 31	<input type="checkbox"/> <b>English</b> 32	<input type="checkbox"/> <b>English</b> 33	<input type="checkbox"/> <b>Dictation</b>	
History	<input type="checkbox"/> <b>American Pioneers and Patriots</b> – p. 68 (a review of history lessons so far); pp. 69-71, Nathan's Horse	<input type="checkbox"/> <b>American Pioneers and Patriots</b> – pp. 72-74, The President	<input type="checkbox"/> <b>American Pioneers and Patriots</b> – pp. 75-76, The Ride Home; p. 78, Questions (Things to Do is not assigned.) <b>Notebook</b> – George Washington** (see notes)	<input type="checkbox"/> <b>State #1</b> – Delaware, 1787** (see notes) <b>Delaware Fruit Snack</b> (see notes)	
	<input type="checkbox"/> <b>Book Basket</b>	<input type="checkbox"/> <b>Book Basket</b>	<input type="checkbox"/> <b>Book Basket</b>	<input type="checkbox"/> <b>Book Basket</b>	
Music	<input type="checkbox"/> <b>Patriotic Songs of the U.S.A.</b> – #3 Yankee Doodle; Yankee Doodle Dandy (see notes)		<input type="checkbox"/> <b>Patriotic Songs of the U.S.A.</b> – #3 Yankee Doodle; Yankee Doodle Dandy		
Science		<input type="checkbox"/> <b>Science in the Kitchen</b> p. 8, Wet and Dry		<input type="checkbox"/> <b>Science in the Kitchen</b> pp. 9 and 22	<input type="checkbox"/> <b>Nature Walk</b>
Math	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reading	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Art/Music	<input type="checkbox"/> <b>I Can Do All Things</b> Beginning Painting, pp. 141-147 (see notes)	<input checked="" type="checkbox"/> <b>Music – The Best of Tchaikovsky: The Nutcracker**</b> (see notes)	<input type="checkbox"/> <b>I Can Do All Things</b> Beginning Painting, pp. 141+ (see notes)	<input type="checkbox"/> <b>I Can Do All Things</b> Beginning Painting, pp. 141+	
F. Lang.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Read Aloud	<input type="checkbox"/> <b>Sarah Whitcher's Story</b> pp. 81-92	<input type="checkbox"/> <b>Sarah Whitcher's Story</b> pp. 93-95	<input type="checkbox"/> (see notes)	<input type="checkbox"/>	

# Week 11 Notes

## Materials

- dried peas (or beans) to fill a small container, 4 sugar cubes (T)
- yogurt, strawberries, peaches (see Delaware recipes below) (TH)
- cucumber, 2 slices of bread, 2 small plastic bags for the bread (TH)

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## Monday

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### Memory Verse

...“If anyone is thirsty, let him come to me and drink.”

*John 7:37*

### Jesus the Giver of Living Water

“Do you remember how God gave His people manna (bread) in the desert? Of course they also needed water. But, you know, they didn’t learn their lesson. Instead of praying and asking God, they started to complain again. God still was good to them. He found a very unusual way to give them water.”

Read Exodus 17:1-6 (page 109). “How did God provide water?”

“This was just regular water, so after awhile the people in the desert got thirsty again. But it was an example to us of how Jesus, our Rock, wants to give our spirit living water so that our spirit won’t be thirsty.

“If you read John 7:37-39 (page 1726) you will discover more about what this living water is.” [Holy Spirit]

### *Patriotic Songs of the U.S.A.:* Yankee Doodle · Yankee Doodle Dandy

Read the following about the history of “Yankee Doodle Dandy”:

George M. Cohan wrote the words and music for “You’re A Grand Old Flag” and “Yankee Doodle Dandy.” When he was young George and his sister joined their parents’ traveling singing group known as “The Four Cohans.” He began to write songs and vaudeville sketches as a teen-ager. Cohan became a leading figure in the American theater during the early 1900s. He wrote more than 40 plays and musicals; and he produced, directed, and starred in most of them. His shows were noted for their high spirits, dazzling showmanship, and distinctive American flavor.

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### *I Can Do All Things*

Read aloud pages 141–145. This section has much useful information, so review it as needed. Do Lesson #101, pages 146–147. Do just the first part of the lesson, which uses colored pencils. Stop before the final paragraph, “Take out Paint Card #1.” Plan to watch DVD #4 and finish the lesson the next time you work in this section of your book.

### *Sarah Whitczer's Story*

The song sung in this chapter, the Doxology, has been sung for more than three hundred years. It was written in 1673. Here are the words. If you know this hymn, you can sing it now. If you do not yet know this beautiful song, then you can find it in most hymnals or listen to it online by doing an Internet search. Perhaps someone at your

church knows it and would teach it to you. The tune is called “Old Hundredth” because it was first sung to words based on Psalm 100, *All people that on earth do dwell . . .*

### The Doxology

Praise God from whom all blessings flow;  
Praise Him, all creatures here below;  
Praise Him above, ye heavenly host;  
Praise Father, Son, and Holy Ghost.  
Amen.

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## Tuesday

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### Read Scripture

“Do you ever get angry at people? God has some great advice.”

Read Proverbs 25:21 (page 1061). “What does this mean? Can you think of something nice you can do for someone that has been mean to you, or someone that you are angry at?”

### *The Best of Tchaikovsky: The Nutcracker*

Today you will begin listening to highlights from *The Nutcracker*. If your child enjoys coloring, let him color the Nutcracker student sheet as he listens to today’s music. He can draw or paint additional pages each week during the Nutcracker study and make a booklet when finished.

**Overture:** “*The Nutcracker* ballet begins with the Overture. An overture is the music that begins, or introduces, a ballet. It lets us know the ballet will soon begin, and it helps us get ready to enter the land of imagination.”  
Play #10, “Overture.”

**March:** “The next piece is called “March.” If you listen, you can hear boys at the party marching around like soldiers.” Some children will enjoy marching around the room in time to the music. If a parent also participates, they can help the child stay with the rhythm. Play #11, “March.”

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## Wednesday

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### Weather

Talk about the weather. “It seems like it would be great if we had nice sunny weather every day. But what would be the problem with that?” [no rain for the grass, flowers, trees] “Why do we need rain?”

Optional—On the next rainy day (not a thunderstorm) take a walk outside, with or without an umbrella. Talk about how the rain shows us that God takes care of us.

### **Notebook:** George Washington

Discuss what you have learned about George Washington the last few weeks. After the discussion, see if your child can summarize the information in several sentences. Help him as needed. Some children will be able to give longer summaries, but have difficulty putting it into just two or three sentences. Be sensitive to your child’s abilities, and give help as needed.

Have your child write his summary on the student sheet.

### *I Can Do All Things*

If you choose to do art today, open your book to page 146 and finish Lesson #101, using paint on Paint Card #1.

## Read Aloud

The next read-aloud book is scheduled to begin in Week 14. You may read aloud any good book for the next few weeks.

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## Thursday

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### Sharing the News

“Today I want you to think about an Arabic proverb. The first part of it says: *What is the greatest crime in the desert?* Do you understand what this question means? What do you think the answer is?”

“Here’s the entire proverb: *What is the greatest crime in the desert? Finding water and keeping silent.* Imagine someone walking in a hot, dry desert. He is very thirsty—and then suddenly he finds a spring of water. He is so excited that he runs to tell other thirsty people the good news about finding water.

“If we have found Jesus, He gives our spirit living water in the desert of life when things are very difficult. Can you think of a way that you can tell others about this special water?”

“Here is an idea. Maybe you will think of a different one. You could buy bottles of water and tape copies of the memory verse on it. Who could you give water to, and share both regular water and living water?” [your mailman, a jogger in a park, people playing tennis outside, your Sunday School teacher, etc.]

### Delaware

Today begins an overview of the 50 states. This is a gentle, hands-on introduction. Students are not expected to memorize the location or the state capital. (That will be a goal in Year Five of My Father’s World.) The States are scheduled chronologically by the year they joined the United States.

Say, “In the beginning, there were 13 states, so we will study those states first. Delaware is considered the first state because it was the first colony to agree to the Constitution. The Constitution is a very important paper, on which were written the major laws of the United States. This happened in 1787, more than 200 years ago, when the United States first became a country.”

Follow the daily sequence listed below, using the Delaware student sheet.

**Daily sequence for state sheets:** Each day, follow the same sequence.

1. Find the state on a U.S. map.
2. Add the appropriate sticker to the *Map of the United States Sticker Picture*. (Hint: Open the map and display in a permanent location.)
3. Use a colored pencil to **color the state** on the U. S. map from the Student Sheets. (Hint: Keep this map at the front of your United States Notebook so that it’s easy to find.)
4. Look together at the **state sheet** from the Student Sheets. Help the student print the state abbreviation in the small empty box by the state name, and the state capital by the star. (See the back of the state sheet for this information.) Then have the student color the state bird and flower. Add the appropriate state flag sticker anywhere on the sheet. Read parts of the back of the sheet to the student. You don’t need to read the whole sheet—for most students, it is best to read or paraphrase just some of the facts.
5. For some states, an **activity** is listed.
6. Optional: Gather **library books** about the state. These may be used for parent read-aloud and at Book Basket time for student browsing and reading. A number of suggested books are listed in the appendix.

**About coloring the state sheets:** Because the pictures are small, we recommend using good-quality colored pencils. Keep a pencil sharpener handy. Expect your child to color neatly and not to rush.

Before the student begins coloring, find the appropriate State Bird and Flower Flashcard. Place the card next to the state sheet. Have the child look carefully at the card as he colors, using the card as a guide to what colors to use. He should try to match the card as closely as possible.

We realize that not all children enjoy coloring. So why do we recommend coloring the state bird and flower? The obvious answer is that birds are studied in science this year. But there are more reasons, too, some of which are: training the eye to carefully observe fine details in coloring to match the model, training the hand to be accurate in fine motor skills, and following through on tasks.

*Hint: If you have not already done so, locate the State Bird and Flower Flashcards, which are at the back of the Student Sheets. Separate and alphabetize them. Store them in a zippered plastic bag.*

## Delaware Fruit Snack

Delaware's state fruit is the strawberry. Peach pie is Delaware's official state dessert. Beginning in colonial times, farms in Delaware have grown many strawberries and peaches. In the 1800s Delaware produced the most peaches of any state.

You can make delicious treats from strawberries and peaches.

### Delaware Double-Fruit Delight

- 1 c. diced strawberries
- 1 c. diced peaches
- 2 small containers yogurt (vanilla, peach, or strawberry)

In several small clear glasses, layer the yogurt, strawberries, and peaches.

### Strawberry-Peach Smoothie

- 1 c. sliced strawberries (fresh or frozen)
- 1 c. sliced peaches (fresh or frozen)
- 2 c. yogurt (vanilla, strawberry, or peach)

May add up to 1 cup of orange juice or milk. Blend about 30 seconds.